

THE MARKET

NATIVE

BREAKFAST

served 7:00 - 11:00am

GREEK YOGURT PARFAIT

daily selection 4

2 EGGS AND TOAST

scrambled - or - fried - house sourdough 4.50

B-FAST SANDWICH

served on choice of daily breads



NATIVE

ham - egg - cheese 6



VEGGIE

seasonal vegetable - egg - cheese 6



CLASSIC

two eggs - cheese 6

BUILD YOUR OWN BURRITO

selections:

ham - mushroom - tomato - jalapeno - onion - kale - hummus - sriracha - cheese 6

VEGGIE & EGG SCRABLES

you pick the vegetables 6

LOCAL BEVERAGES

GLEN EDITH COFFEE

small 2.50 | large 3

HAPPY EARTH TEA

small 2.50 | large 3

THE MARKET COLD PRESSED JUICE

available flavors 7.45 - 8.95

FBC TIMBUCHA

available flavors 3.50

WEEKLY SPECIALS

MUFFIN MONDAYS

BALSAM BAGEL TUESDAYS

PARFAIT WEDNESDAYS

DOUGH-NOT MISS THURSDAYS

CUPCAKE FRIDAYS

LUNCH

served 11:00am - 2:00pm

BUILD YOUR OWN 8

1 PICK A VESSEL

wrap - sourdough bread

2 CHOOSE A PROTEIN

roast beef - smoked ham - turkey - chickpea smash

3 PICK SOME SAUCES

mayo - honey mustard - spicy mustard - yellow mustard - pesto - sriracha - hummus

4 ADD ON THE TOPPINGS

cheddar - mixed greens - baby kale - pickled jalapeno - tomato - onion - pickled onion - cucumber - pickle

5 AND...

all come with fruit - or - chips
substitute a cookie + 1

BREAKFAST FOR LUNCH

ham - egg - cheese 6

served on sourdough

SALADS

chicken 4 | steak 6

SOUTH WEDGE CAESAR

kale - red onion - cherry tomato - pork cracklin - baby bella 8

without pork cracklins

EASTMAN SALAD

cabbage - romaine - candied nuts - orange segment - carrot - radish - scallion - soy ginger dressing 8

BERRIES & CREAM

seasonal berry - chèvre - grains - mixed greens - pickled red onion - strawberry basil vinaigrette - balsamic reduction 8

CHOPPED SALAD

grape - apple - celery - romaine - gorgonzola - charred lemon vinaigrette 8

NATIVE SALAD

mixed greens - garden vegetable - herb apple cider vinaigrette 7